

# The Jewish Manual Or Practical Information in Jewish and Modern Cookery with a Collection of Valuable Recipes & Hints Relating to the Toilette

## THE JEWISH MANUAL

Or

*Practical Information in Jewish and Modern  
Cookery with a Collection of Valuable Recipes  
& Hints Relating to the Toilette*

**Judith Cohen Montefiore**  
*Edited by a Lady*

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beef, and stew it with good gravy, highly seasoned with allspice, cloves, pepper and salt; when the meat is well done remove it from the gravy, which skim carefully and free from every particle of fat, and add to it a glass of port wine, the juice of a lemon, half a tea-spoonful of cayenne pepper, and a little mushroom ketchup; the beef should be glazed when required to have an elegant appearance. A few very small forcemeat balls must be poached in the gravy, which must be poured over the meat, and the balls arranged round the dish; this is a very savoury and pretty dish. \* \* \* \* \*

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